

11 AM ON WEDNESDAYS, JUNE 5 - JULY 31 (NOT MEETING JUNE 19) MEET AT THE MOORHEAD SENIOR CENTER EAST DOOR REGISTER ONLINE AT MOORHEADPARKS.ACTIVITYREG.COM OR DAY OF.



Walk for the health of it!

No cost and all abilities welcome! Weather & temperature permitting. Dress for success! Items to consider are good walking shoes, temperatureappropriate clothing or layers, and sunscreen.

