

December 2023

NSI provides this service in part, under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the Minnesota Board on Aging.	Please call 218-299-5519 With any questions or concerns. Menu is subject to change.			1 Savoia pasta bake Crinkle cut carrots Dinner roll Diced peaches Heath cookie
4 Chicken wild rice hotdish Diced beets Dinner roll Fruit cocktail Red velvet cookie	5 Sloppy joe/bun Baked beans Potato salad Blonde brownie	6 Holiday Hoopla Party! Pork chop/sage dressing Mashed potato/gravy Glazed carrots Apple crisp	7 Tarragon roast chicken Baked sweet potato Tropical fruit M & M cookie	8 Country meatballs Mashed potato/gravy Broccoli cuts Dinner roll Lemon bar
11 Chili Baked potato Dinner roll Diced peaches Chocolate pudding	12 Chicken & noodles Steamed green beans Banana Chocolate chunk cookie	13 Lemon pepper fish Au gratin potatoes Winter blend veggies Dinner roll Monster bar	14 Orange almond chicken Brown rice Crinkle cut carrots Tossed salad/ranch Cherry jello/peaches	15 Meatloaf Garlic whipped potato Stewed tomatoes Dinner roll Reese's pieces cookie
18 Lutheran hotdish Green bean almondine Applesauce Vanilla pudding	19 Chicken moutarde Mashed potatoes Steamed broccoli Dinner roll Cranberry cookie	20 Celebrate birthdays! Pot roast Parsley buttered potato Glazed carrots Confetti cake	21 Tuna noodle hotdish Mixed veggies Dinner roll Red apple Hershey brownie	22 Senior Center Closed Meal can be picked up BBQ chicken breast/bun Baby baker potatoes Spinach salad/ranch Payday cookie
25 Merry Christmas Senior Center & Meal Service Closed	26 Beef stew Winter blend veggies Dinner roll Diced pears Monster bar	27 Orange marmalade Chicken Baked sweet potato Mixed veggies Dinner roll Pistachio muffin	28 Beef stroganoff Egg noodles Parslied carrots Fresh kiwi Zebra brownie	29 Pork wing Scalloped potatoes Brussel sprouts Dinner roll Oatmeal cookie

Enjoy a hot, nutritious, congregate meal! If you are 60 or older the suggested donation is \$4. The cost is \$8 if you are under 60.

Please call 218.299.5519 between 10 am-12:30 pm the day prior for reservations.

Monday-Friday (except holidays) | 11:45 am | Hjemkomst Center, 202 1st Ave N, Moorhead, MN 56560