

MORHEAD

PARKS & RECREATION

FALL + WINTER '23-'24



PROGRAMS & EVENTS FOR YOUTH & ADULTS | [MOORHEADPARKS.COM](https://moorheadparks.com)



QUALITY PARTS



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218-233-9169



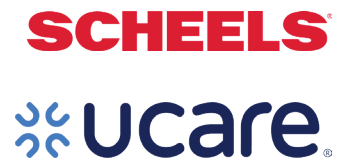
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**A PROUD SPONSOR OF
MOORHEAD PARKS & RECREATION**

Thank You

TO OUR SPONSORS
AND PARTNERS!





The mission of Moorhead Parks and Recreation is to enrich the lives of its citizens by providing a comprehensive system of parks and affordable, diverse recreation programs that encourage health, fitness, relaxation, and cultural enrichment, as well as providing opportunities for community involvement.



Tobacco-Free Policy

No person shall smoke cigarettes, cigars, pipes, or other tobacco-related products or dispose of pipe ash, cigarette butts, or any other tobacco-related waste while in specific areas.

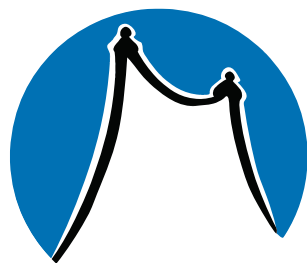
These areas include, but are not limited to parks, playgrounds, skating rinks, athletic fields, pools, dog parks and paths.

Specific events may also be designated tobacco-free.



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PARKS AND RECREATION

moorheadparks.com

1300 15 Ave N, Moorhead, MN 56560 | Monday-Friday, 8 am-4:30 pm
218.299.5340 | Email: parkandrec@moorheadmn.gov
Register online at moorheadparks.activityreg.com

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Todd Grimm... The Meadows Course Superintendent
Russ Nelson Village Green Golf Professional
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DIRECTORY

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Parks & Recreation 218.299.5340
Hjemkomst Center 218.299.5515
Golf Courses 218.299.7888
Municipal Pool 218.299.5364
Senior Center 218.299.5514
Moorhead Sports Center 218.233.5021
Ellen Hopkins Office 218.299.5338
Moorhead Library 218.233.7594

CITY OF MOORHEAD

City Hall 218.299.5166
Public Works 218.299.5422
Forestry | Streets | Sanitation | Park Maintenance
Police (Non-Emergency) 218.299.5120
Fire (Non-Emergency) 218.299.5298
MATBus 701.476.6782
Neighborhood Services 218.299.5434

PROGRAM UPDATES AND WEATHER-RELATED ANNOUNCEMENTS

Sent via text and email, and posted on facebook.com/moorheadparksandrec

REFUND POLICY

Notification to the Parks and Recreation office is required two business days before the first class for a refund to be issued.

SCHOLARSHIP PROGRAM

Turn to pages 33-34 of this brochure for the registration form and scholarship application. To apply or for more information, call 218.299.5340 or email parkandrec@moorheadmn.gov



NOW HIRING!

Seasonal part-time positions are available for fall and winter. Program, events and maintenance opportunities include:

- Special Events Assistants
- Swim Instructors
- After School Program Leaders
- Preschool Program Leaders
- Warming House Attendants
- Hjemkomst Center Building Attendants
- Ski Attendants
- Sport Instructors
- Gymnastics Instructors

APPLY TODAY

cityofmoorhead.com/employment

How do you BUILD *a legacy?*



Donate today!

Turn concepts & dreams for your community into amenities and experiences. Visit Mhd.fund or the FM Area Foundation to donate.
Proposed concept: Inclusive Playground



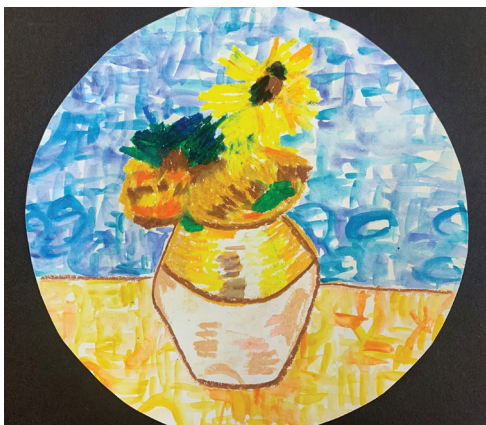


HAPPY HIPPO

Learn how to draw a cute hippo! Artist will learn a variety of blending techniques through the use of blending stumps and graphite techniques.

Date	Day	Time
Sept. 30	Saturday	9-10 am
Age	Location	Fee
8-10	Alm Park	\$10.00

Min 5/Max 10



VAN GOGH SUNFLOWERS

Learn about the artist Van Gogh through the study of his work "Sunflowers" and create a master copy with your own style as an artist. Learn how Van Gogh used color and mark-making to create works of art.

Date	Day	Time
Oct. 14	Saturday	9-10:30 am
Age	Location	Fee
9-13	Alm Park	\$12.00

Min 5/Max 10



HOT AIR BALLOON

Create a fun dimensional hot air balloon that travels through the sky! Artists will learn a variety of mark-making texture techniques for their land and how to create a balloon that pops up from their paper.

Date	Day	Time
Oct. 28	Saturday	9-10 am
Age	Location	Fee
6-8	Alm Park	\$10.00

Min 5/Max 10



SHADOW BOX COLLAGE

Artists will create a dimensional shadow box as the base of their work of art and then hunt for images from magazines to collage together.

Date	Day	Time
Nov. 18	Saturday	9-10:30 am
Age	Location	Fee
10-13	Alm Park	\$12.00

Min 5/Max 10

FUNKY PORTRAIT

Artists will learn about the artist Pablo Picasso and the art style cubism to create a funky geometric portrait.

Date	Day	Time
Jan. 6	Saturday	9-10 am
Age	Location	Fee
7-9	Alm Park	\$10.00

Min 5/Max 10



ART CAMPS

Join us for mornings filled with art, creative exploration, and fun! Participants will dabble in several different art forms including painting, drawing, clay, and 3D projects.

Dates	Days	Times	Location	Ages	Fee
Dec. 27-30	Wednesday-Saturday	9-10 am	Alm Park	6-8	\$25.00
		10:30 am-noon		9-13	

Min 6/Max 10



TINY TREASURES

Let your preschooler explore with us! This camp includes art, story-time, music, games and science. This is a drop-off program, and all participants must be toilet trained.

Dates	Days	Time	Ages	Location	Fee
Oct. 28-Nov. 18	Saturday	9:30-11 am	3-5	Riverview Estates Park	\$15.00

Min 8/Max 15



AFTER SCHOOL ADVENTURES

Participants will experience a variety of enjoyable activities including games, sports, science projects, and expression through art, music, and drama. Homework assistance will be available, as well as a chance for socialization and making new friends!

This program is funded from resources provided to the City of Moorhead through the Community Development Block Grant.

Dates		Days
Sept. 11-Dec. 15		Monday-Friday
Time	Location	Ages
3-5:30 pm	Morningside Park	5-12

Max 25. No program September 29, October 18, 19, 20 and November 10, 22, 23, 24

MINI BASKETBALL

This introductory program for young boys and girls teaches the basics of the game of basketball. Learn fundamentals of the game using junior-size basketballs and six-foot baskets. Shirts will be provided.

Dates	Day	Times	Grades	Location	Fee
Jan. 6-Feb. 24	Saturday	10:15-11:15 am	1 & 2	Ellen Hopkins Elementary	\$50.00
		11:30 am-12:30 pm			\$75.00 after Dec. 8

Min 10/Max 30

YOUTH BASKETBALL

Meet new friends and learn the value of teamwork! Youth Basketball is an eight-week program for boys and girls in grades 3-4 focusing on participation and fun, and not on high levels of competition.

Participants will practice different types of basketball drills and techniques and learn play through station activities and games. Team shirts will be provided.



Dates	Day	Time	Grades	Location	Fee
Jan. 6-Feb. 24	Saturday	9-10 am	3 & 4	Ellen Hopkins Elementary	\$50.00
					\$75.00 after Dec. 8



ALL-LEVELS YOGA

This class focuses on basic classical yoga postures, alignment principles, and breathing techniques. Whether you're brand-new to yoga or well on your journey, we will meet you where you are and leave you feeling rejuvenated, elongated and most definitely centered. Yoga mat is required.

Dates	Day	Time	Age	Location	Fee
Sept. 25-Nov13	Monday	6-7 pm	15+	Total Balance 1461 N Broadway, Fargo	\$43.00
Nov. 20-Jan. 22					
Jan. 29-Mar 18					
Sept. 6-Oct. 25	Wednesday	4:30-5:30 pm			
Nov. 1-Dec. 27					
Jan. 3-Feb. 21					

No class November 22, December 25 and January 1

OPEN GYM (BASKETBALL & VOLLEYBALL)

Regular and junior basketballs and volleyballs will be available. Improve your basketball or volleyball skills with open courts and nets. Participants will have the opportunity to play pickup basketball or volleyball games. Equipment will be provided.

Dates	Activity	Day	Times	Location	Age	Fee
Oct. 3-Apr 30	Basketball + Volleyball	Thursday	6:30-9 pm	Community Life Center	16+	\$5/day \$40 punch card
Oct. 1-Mar 31	Youth Open Gym	Sunday	1-6 pm		15 and under	Free

No open gym October 26 and 31, November 23, December 24, 26 and 31 or March 21 and 31

ADULT OPEN PICKLEBALL

Get active and compete against friends and others at adult open pickleball! This program is for all ages and skill levels. Equipment is available for use, players will rotate every 20 minutes.

Dates	Day	Times	Location	Age	Fee
Oct. 3-April 30	Tuesday	6:30-9 pm	Community Life Center	16+	\$5/day \$40 punch card
April 6-27	Saturday	9 am-1 pm			
April 7-28	Sunday	1-5 pm			



TAE KWON DO

Participants learn to reach their full potential with our confidence-building martial arts program. Master instructor Roy Gilbertson provides expert training in a fun and safe environment to produce positive results. Our belt promotion curriculum focuses on many areas of Tae Kwon Do, progressively improving each student's skills and abilities.

New participants: All information (uniforms, belt promotion, etc.) will be provided by your instructor on the first day.

Dates	Days	Times	Ages	Location	Fee
Sept. 5-28	Tuesday and Thursday	Beginner 4:30-5:30 pm	Beginner & Advanced 5+	Beginner: Ellen Hopkins Elementary	\$75.00
Oct. 3-31					
Nov. 2-30		Advanced/ Black Belt 5:30-6:30 pm	Adults & Black Belt 15+	Advanced/ Black Belt: North- west Martial Arts	
Dec. 5-21					
Jan. 4-30					
Feb. 1-27					

October will have one makeup session TBA. December will have two makeup sessions TBA.

No program October 17, 19, November 23 or December 26 and 28.

SHOU SHU SELF DEFENSE

Shou Shu is a self-defense form of martial arts. Students will learn a variety of different self-defense techniques for a wide range of situations. These classes will help students develop confidence, discipline, respect, and courage while learning self-defense skills and having fun.

Dates	Day	Times	Ages	Location	Fee	
Aug. 30-Sept. 27	Monday and Wednesday	5:30-6 pm	5-7	Shou Shu Martial Arts 900 1 Ave N Moorhead, MN	\$80.00	
Oct. 2-30		6-7 pm	8-13			
Nov. 1-29		6:30-7:30 pm	14-17			
Jan. 3-31		7-8 pm	18+			
Feb. 5-28						

Min 10/Max 20 ▪ No program September 4, October 18, November 22, January 15 or February 19

JIU JITSU

Jiu Jitsu is a martial art that focuses on grappling and ground techniques. Jiu Jitsu teaches discipline, respect, cooperation, and confidence. It teaches how to deal with victories and defeats. Jiu Jitsu works to improve balance and other motor skills while having fun.

Dates	Day	Times	Ages	Location	Fee
Sept. 5-28	Tuesday and Thursday	6:30-7:30 pm	7-13	Shou Shu Martial Arts 900 1 Ave N Moorhead, MN	\$80.00
Oct. 3-Nov. 2					
Nov. 7-Dec. 5					
Jan. 9-Feb. 1					
Feb. 6-29					

Min 10/Max 20 ▪ No classes October 19 and 31 or November 23

YOUTH GYMNASTICS

Improve mental focus, flexibility, coordination, and social interaction with Youth Gymnastics. A leotard and work shorts are required.

Beginner: For gymnasts with little to no gymnastics experience. This class will teach basic gymnastics moves, with work on the beam, floor, and bars. Gymnasts will also learn stretching basics and cardiovascular activities.



Advanced: This class is for gymnasts who have taken gymnastics classes previously or have the prerequisite skills, such as walking on the high beam, performing jumps/kicks on the low beam, rolls, handstands, cartwheels, and independent skills on the bars. Gymnasts will begin learning the basics of vaulting, various techniques on bars, kicks and jumps on the high balance beam, and cartwheels and handstands on the low beam. Floor gymnasts will learn bridge kickovers, back walkovers, front walkovers, and back handsprings. Advanced dance/stretching exercises will also be taught.

Levels	Dates	Days	Times	Location	Grades	Fee
Beginner	Nov. 13-Dec. 18	Monday	6:45-7:45 pm	Moorhead High School Fieldhouse (Door 7)	K-8	\$50.00
Advanced	Nov. 14-Dec. 19	Tuesday				
Beginner	Jan. 8-Feb. 26	Monday				
Advanced	Jan. 9-Feb. 20	Tuesday				

Min 10/Max 18 • Registration opens September 18. Deadlines: Session 1 - November 1, Session 2 - December 29
No class January 15 and February 19

ADULT AND PEDIATRIC CPR/AED/FIRST AID BLENDED LEARNING

This Red Cross course will teach the skills necessary to recognize and provide immediate care for breathing problems, cardiac emergencies, injuries and sudden illnesses to help victims of any age. We will combine online learning and in-person to teach these skills. Must complete all online modules prior to the in-person skills. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric CPR/AED/First Aid valid for two years.

Dates	Day	Time	Location	Age	Fee
Dec. 5	Tuesday	5:30-7:45pm	Parks & Recreation Office, 1300 15th Ave N, Moorhead	14+	\$65.00
Jan. 17	Wednesday	5:30-7:45pm			

Max 8

RED CROSS BABYSITTING COURSE

This hands-on course will teach you to be a professional and reliable babysitter while having safety as your first priority. You will learn how to recognize and respond to emergencies, choose age-appropriate activities, and recognize and handle a range of behaviors. This course includes an American Red Cross First Aid and CPR Certification that is valid for two years. Participants will provide their own lunch.



Dates	Day	Time	Location	Age	Fees
September 16	Saturday	9 am-4 pm	Parks & Recreation Office, 1300 15th Ave N, Moorhead	11-14	\$70.00
February 10					

Min 4/Max 8



OPEN SKATING

MOORHEAD SPORTS CENTER

\$5 SKATER
\$10 FAMILY
\$2 SKATE RENTAL

SCAN ME



SUNDAYS
2:15PM - 4:15PM
(BEGINS IN OCTOBER)

Enter through Door 7 on the South Side by Tennis Courts

www.moorheadyouthhockey.com
218-233-5021

MOORHEAD FARMERS MARKET SKATE FESH



HJEMKOMST LANDING SKATEPARK
(under the bridge 202 1st Ave Moorhead)

4-6
EVERY TUESDAY!

Skate, meet friends, and browse the market
-SLEEPTALK

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sleeptalkskate@gmail.com

REGISTRATION OPEN

MOORHEAD YOUTH HOCKEY ASSOCIATION

For more info: www.moorheadyouthhockey.com

GIRLS & BOYS - 4 YEARS & UP (BORN BEFORE 5/31/2019)



SCAN ME






**Special
Olympics**

AREA 4 COMPETITIONS

Basketball

February-April
Moorhead Practices
Contact Wayne Brendemuhl
at 218.790.0073.

Special Olympics is a celebration of human spirit.
Through participation in this year-round programming, training and athletic
competition, athletes gain confidence and build a positive self image.

With questions, email moorheadsomn@gmail.com.
facebook.com/MoorheadSpecialOlympics



ADAPTED ICE HOCKEY

FOR INDIVIDUALS WITH SPECIAL NEEDS
IN THE MOORHEAD AREA.

SIGN UP TODAY!

To Play Or Volunteer Contact: Jackie Beedy
JLBeedy@gmail.com 218-329-1808
www.MNSpecialHockey.org



ADAPTIVE PROGRAMS

The Fargo Park District offers fall and winter programming
to those with special needs, including an Adaptive Bowling
League, Teen Night and Adaptive Tae Kwon Do.
For more information, contact Fargo Parks at 701.499.6089.





Learn the basic skills of ice skating with our Skate with Us program. These popular winter lessons are the basis for our annual skate event, the Moorhead Ice Show.

MONDAY SKATE WITH US

Session I: Oct. 16-Dec. 4 Session II: Jan. 8-Feb. 26		
Levels	Times	Fees
Tots A (Ages 3+)	7:30-8 pm	\$43.00
Tots B (Ages 3+)	8-8:30 pm	
Basic 1	7:30-8:15 pm	\$47.00
Basic 2	7:30-8:15 pm	
Basic 3 & 4	7:30-8:15 pm	
Basic 5 & 6	7:30-8:15 pm	
Novice Patch	8:15-9 pm	\$52.00

SATURDAY SKATE WITH US

Session I: Oct. 14-Dec. 9 Session II: Jan. 6-Feb. 24		
Levels	Times	Fees
Tots A (Ages 3+)	8:45-9:15 am	\$43.00
Tots B (Ages 3+)	9:30-10 am	
Tots C (Ages 3+)	10:15-10:45 am	
Tots D (Ages 3+)	11:15-11:45 am	
Basic 1A	9:15-10 am	\$47.00
Basic 1B	10-10:45 am	
Basic 1C	11-11:45 am	
Basic 2A	9:15-10 am	
Basic 2B	10-10:45 am	
Basic 2C	11-11:45 am	
Basic 3 & 4 A	8:30-9:15 am	
Basic 3 & 4 B	9:15-10 am	
Basic 3 & 4 C	10-10:45 am	
Basic 5 & 6 A	9:15-10 am	
Basic 5 & 6 B	11-11:45 am	\$55.00
Adult	8:30-9:15 am	
Hockey Skills: Mites & Squirts A	8:30-9:15 am	
Hockey Skills: Mites & Squirts B	10-10:45 am	
Hockey Skills: Rookies	11-11:45 am	\$52.00
Novice Patch	11:45 am-12:30 pm	

No program: November 25 and February 10. Makeup for Feb. 10 will be Feb. 11, 1-3:15 pm.

All lessons are taught at the Moorhead Sports Center, 2400 4th Ave S. Participants must provide their own skates. Weather-related cancellations will not be made up or refunded.

Levels	Course Content
Tots	Recommended for skaters that are unable to get across ice alone or fall often. Should have some skating experience. It is recommended that participants attend a few open skate sessions before enrolling in a class. Instruction includes getting up from a fall, marching in place, forward skating, and beginning stops. Helmets are required for this level. Max 5
Basic 1	If skater can make it across the rink without falling, they are ready for Basic 1. Participants will learn skating and gliding forward, stopping, two-foot hops and bubbles, as well as an introduction to backward skating and gliding. Helmets are strongly recommended for this level. Max 10
Basic 2	Participants will learn backward skating and one foot gliding. Max 10
Basic 3 & 4	Participants will learn forward skating using blades rather than marching and be introduced to edges, crossovers, and three turns. Max 10
Basic 5 & 6	Skaters will learn backward edges, backward crossovers, hockey stops and one-foot spins, as well as t-stops, spirals, lunges, and bunny hops. Max 10
Hockey Skills	Designed for skaters that are currently in hockey and/or have passed Basic 3. Must be able to skate backwards and turn from forward to backwards with ease. Skaters must have the proper basics since instruction covers balance, edge work, and many advanced drills. This class is not for Tots or Basic 1 skaters who plan to play hockey in the future. Skaters must complete Basic 3 before entering Hockey Skills and register at their hockey level. This level concentrates just on skating. It is recommended skaters wear helmets and gloves. Hockey sticks are not used. Max 10
Novice Patch	Focus is more extensively on edge work, turns, small jumps, and spins. Once you begin the freestyle and dance levels, instruction will include several new jumps and spins, as well as dance steps. Min 4/Max 25

SAVE THE DATE!

MOORHEAD ICE SHOW

March 22, 7 pm • March 23, 7 pm • March 24, 1 pm

Ice Show forms will be distributed in class Nov. 18, 20 and 27, Dec. 2 and Jan. 6 and 8. Please be sure to make arrangements if you miss class on these dates. DEADLINE FOR REGISTRATIONS IS FRIDAY, JAN. 12. Forms must be turned in by this date. If mailing forms, please postmark by Jan.9.

ADVANCED SKATER ICE TIME

Skaters must be signed up for private lessons in order to skate during Advanced Skater Ice Time. The figure skating coordinator will provide registration information to interested skaters. With questions, email coordinator Dawn Franklin at dawn.franklin@moorheadmn.gov.

Dates	Days	Times
October 2- March 21	Monday-Friday	5-7 am
	Thursday	7:30-9 pm
	Saturday	7-8:15 am
	Sunday	9 am-2 pm (Three different sessions)

SWIM LESSONS

Our swim program provides a comprehensive approach to swimming and water safety that teaches participants how to swim skillfully, while learning to think and act safely in, on, and around water. All swimmers must come dressed in their suits and provide their own goggles. We ask that you arrive no earlier than 10 minutes prior to your scheduled session. **Swimmers will enter and exit through door 2.**

Location: Moorhead High School Pool (2300 4th Ave S)					
Dates	Levels	Times	Days	Ages	Fees
Sept. 23- Nov. 18	Preschool	9-9:30 am	Saturdays	3-4	\$45.00
	Preschool	9:45-10:15 am			
	Preschool	10:30 am-11 am			
	Preschool	11:15-11:45 am			
	Level 1	9-9:30 am		4+	
	Level 1	9:45-10:15 am			
	Level 1	10:30 am-11 am			
	Level 2	9-9:30 am			
	Level 2	9:45-10:15 am			
	Level 2	11:15-11:45 am			
	Level 3	9-9:30 am			
	Level 3	10:30 am-11 am			
	Level 3	11:15-11:45 am			
	Level 4	9:45-10:15 am			
	Level 4	10:30 am-11 am			
	Level 5	11:15-11:45 am			

No class October 21 • Preschool Max 4, Level 1-5 Max 6

Levels	Course Content
Preschool Swim	Recommended for first time swimmers, ages 3-4. Swimmers will be introduced to: how to safely enter and exit water, jumping from side of pool, blowing bubbles, bobbing, supported glides and leg and arm actions.
Level 1 Swim Basics	Swimmers should be comfortable in the water and at least 4 years old. Swimmers will work on: entering and exiting water independently, going under water, and supported skills: glides, floating, flutter kick, front crawl arms, and jumping in.
Level 2 Water Movement	Swimmers should already be comfortable with being able to float and putting their head under water. Swimmers will work on: introduction to rotary breathing and treading water, retrieving underwater objects, jumping into water over their head, and independent skills: floating, front and back crawl arms and kicks, rolling over from front to back and back to front.
Level 3 Stroke Introduction	Swimmers should already be comfortable swimming front stroke and swimming on their back and jumping into water over their head. Swimmers will work on: changing positions in the water, freestyle with side breathing, backstroke, breast stroke and dolphin kicks, retrieving objects in deeper water, treading water for one minute, jumping into deep water and compact dives.
Level 4 Stroke Development	Swimmers should already be able to: swim front and back crawl 25 yards. Swimmers will work on: freestyle, rotary breathing, backstroke, elementary backstroke, scissors kick and sidestroke, whip kick and breaststroke, intro to turning at wall, treading water for two minutes, and diving in kneeling position.
Level 5 Stroke Mechanics	Swimmers should already be able to: swim elementary backstroke and breaststroke for 15 yards, tread water for two minutes, and perform scissors and whip kick. Swimmers will work on: alternate breathing, treading water for 5 minutes, introduction to flip turns, mechanics of: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke, butterfly, and feet-first surface dive.



WATER EXERCISE

These classes will use a mix of cardio and strength exercises to increase your flexibility, range of motion and tone your body, while maintaining low-impact on your joints. We will incorporate a variety of movements, equipment and up-beat music to enhance your workout. All ability levels are welcome!

Participants will enter and exit through door 2.

Dates	Day	Time	Ages	Location	Fee
Sept. 21-Nov. 16	Thursday	7-7:45 pm	18+	Moorhead High School	\$45.00
Jan. 4-Feb. 22					

Min 6/Max 15 • No class October 19

LAP SWIM

If you are looking to improve your workout routine, join us Saturday mornings for lap swim! This effective workout combines the three important types of exercise in one: aerobics, stretching, and strengthening. It's also a great way to reduce stress. **Participants will enter and exit through door 2.**

Dates	Day	Time	Ages	Location	Fee
Sept. 23-Nov. 18	Saturdays	7:30-8:30 am	14+	Moorhead High School	\$25.00

Max 15 • No class October 21

SYNCHRONIZED SWIMMING

Learn to dance in the water! This fun class will combine swimming, music, and choreography. Participants must be able to swim front and back crawl 50 yards and be efficient at treading water. **Participants will enter and exit through door 2.**

Dates	Day	Time	Ages	Location	Fee
Sept. 19-Nov. 14	Tuesday	7-7:30 pm	18+	Moorhead High School	\$45.00
Sept. 23-Nov. 18	Saturday	Noon-12:30pm	12-17		

Min 5/Max 10 • No class October 17 and 21



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YOUR ALL SPORTS RETAIL DESTINATION



PROUD SUPPORTER OF MOORHEAD PARKS & RECREATION



505 Center Ave
Moorhead, MN 56560
218.233.2751

Connect with us



@moorheadscheels

SCHEELS.com

YOUTH COED VOLLEYBALL

This fun and exciting program is designed to give 3rd-6th grade boys and girls an introduction to a sport they can enjoy well into their adult years.

This six-week program will consist of skill-based drills and team building games. Knee pads are suggested but not required. All other equipment will be provided.

Dates	Day	Times	Grades	Location	Fee
Sept. 7-28	Monday and Thursday	5:45-6:45 pm	3-4	Ellen Hopkins Elementary	\$60.00
Oct. 2-30		7-8 pm	5-6		

Registration deadline: September 2 ▪ No program October 19

SPORTS SAMPLER

This program leads youth through a variety of different sports and physical education games each week, while focusing on teamwork, skill building, and having fun!

Dates	Day	Times	Ages	Location	Fee
Oct. 3-26	Tuesday and Thursday	4:30-5:15 pm	3-4	Ellen Hopkins Elementary	\$40.00
Nov. 2-21		5:30-6:30 pm	5-6		
		4:30-5:15 pm	3-4		
		5:30-6:30 pm	5-6		

Min 10/Max 20 ▪ No program October 17-19



ATHLETICS + RECREATION ORGANIZATION CONTACTS

Agassiz Adult Soccer	support@agassizsoccer.org
Dakota Fusion - Youth and Adult Soccer	operations@dakotafusionfc.com
FM Athletics - Youth Football	fmafootball@gmail.com
Hawks Nest Private Skate Park	@hawksnest.fargo or facebook.com/hawksnestfargo
Moorhead Crush Girls Fastpitch Softball	info@moorheadcrush.org
Moorhead Lacrosse Association - Youth Lacrosse	moorheadlax@gmail.com
Moorhead Softball Association - Adult Slowpitch Softball	moorheadsoftball@gmail.com
Moorhead Youth Baseball	office@moorheadbaseball.com
Moorhead Youth Basketball	www.spudbasketball.com
Moorhead Youth Hockey	myha@moorheadyouthhockey.com
Sleep Talk Skateboarding	sleeptalkskate@gmail.com
Stonewall Sports Fargo	fargo@stonewallsports.org
Tri-City United Soccer	info@tricityunited.org
Upward Sports	glenn@upwardfm.com





September 7-16

Celebrate our community with a variety of fun and exciting events for all ages! The full calendar of events and registration links can be found at greatermoorheaddays.com. Activities subject to change.

THURSDAY, SEPTEMBER 7



Greater Moorhead Days Cruise Night

5-8:30 pm, Moorhead Center Mall north parking lot, 420 Center Ave - Moorhead
Cruise Night is a monthly gathering of motor vehicle enthusiasts downtown. Enjoy food, live music from DJ & The Atomics, vendors and an exciting family-friendly atmosphere! Sponsored by Legends, Murphy's and the Moorhead Business Association.

FRIDAY, SEPTEMBER 8



Greater Moorhead Days Parade

6 pm, 20th St (northbound from 28th Ave S to 14th Ave S) -
Join us as our community steps out to shine with floats and fleets from area businesses and organizations to the theme "Moorhead: Out of this World"!

SATURDAY, SEPTEMBER 9



Half-off Canoe & Kayak Rentals

11 am-6 pm, Hjemkomst Landing, 202 First Ave N. \$5 an hour per vessel!
As summer winds down, enjoy the outdoors with half-off rentals! Single and tandem kayaks and canoes are available on a first-come, first-served basis, weather permitting. Rentals include paddles and personal flotation devices, which must be worn at all times.



GMD Concert: FM Kicks Band + Folklorico

3-5 pm, Memorial Park, 111 8th St N - This free concert will showcase talented musicians spanning the genres of jazz, funk, blues and Latin and open with a performance from Fargo Folklorico! Games and crafts will be available. Come enjoy the family fun!

SUNDAY, SEPTEMBER 10



Our Local Plate: Farm Fest + Marketplace

3-6 pm, Doubting Thomas Farms - Activities for the whole family! Shop the farmers market and enjoy chef demos and a savory meal from Heart-n-Soul Community Café, all featuring the local bounty of the season! A fun-filled day celebrating family farms, sustainable food sources and the economic impact of investing in local farmers, ranchers and makers. Like and follow Our Local Plate: Farm Fest & Marketplace on Facebook and stay tuned for details!

Events
sponsored by:



MONDAY, SEPTEMBER 11



Medallion Hunt

Begins Monday, September 11 at 8 am - Medallions will be hidden within city limits on public land. Clues will be announced daily on Big 98.7, Bob 95FM, and 107.9 The Fox. Follow the clues for fantastic prizes including a grand prize of **\$1,000 in gift cards from Hornbacher's!** Clue boards will be updated daily at greatermoorheaddays.com.



Author Visit: Carroll Engelhardt

6:30 pm, Moorhead Public Library, 118 5th St S - Discussing his book, "By the Sweat Of His Brow," and the Probstfield family alongside multi-generational journal logs and vintage photos.

TUESDAY, SEPTEMBER 12



RiverArts at the Moorhead Farmers Market

3-7 pm, Hjerkomst Center Parking Lot, 202 First Ave N - Find fresh produce, meats, flowers, baked goods, honey and so much more! Bring a blanket or lawn chair and join us on this day for double Power of Produce Club tokens (register for free at moorheadparks.com) and live music from Twelve Strings and Heart&Soul!



Midco Kids Fest

4:30-7 pm, Bluestem Amphitheater, 801 50th Ave S - Free family fun with inflatable games, music, carriage and barrel car rides, a petting zoo, concessions and so much more!

THURSDAY, SEPTEMBER 14



Used Book Sale

5-8 pm Thursday, 10 am-5 pm Friday-Saturday, Moorhead Public Library, 118 5th St S - Proceeds help the Friends of the Moorhead Library and support library programs and services.



Trails at Stonemill Park Carnival

5-7 pm, Trails at Stonemill Park, 4449 Blue Stem Way - Bring your family and friends to an evening of carnival games, inflatables and more! Admission is free. Hosted by Prairie Property Management.



Stonewall Sports Cornhole Tournament

6-8 pm, Viking Ship Park, 202 First Ave N - Join Stonewall Sports Fargo in their first-ever GMD Cornhole Tournament! Teams of two battle it out in a double-elimination tournament. Players must be 21+. Register Aug. 9-26 at app.teamlinkt.com/register/go/stonewallsportsfargo/35817.



College Bash

7-9 pm, Sunset Lanes, 620 US-75 - Free cosmic bowling and arcade games for students, plus music from DJ Pretty Ricky! Presented by the MBA, Axis Clinicals and Johnson's Auto Repair.

SATURDAY, SEPTEMBER 16



Imagination Theater

10:30 am, Moorhead Public Library, 118 5th St S - A family-oriented, literacy-based performance including puppetry, songs, stories and audience participation.



Red River Run

9 am, M.B. Johnson Park, 3601 11th St N - Join us for the 49th Annual Red River Run, hosted by Lake Agassiz Pacers! A portion of funds will be donated to Moorhead's Inclusive Playground. To register, visit fmlakeagassizpacers.com/red-river-run.



**NORTH DAKOTA'S FIRST
LGBTQ+ COMMUNITY-BASED
SPORTS LEAGUE**



- **SPRING & FALL KICKBALL**
- **WINTER DODGEBALL**
- **21+ ONLY**
- **ALLIES WELCOME!**



D**GGY DIP**

August 14 • 3:30-7:30 PM
South Park Wading Pool, 2101 14th St S
Northeast Park Wading Pool, 1817 8th Ave N
\$5.00 per dog
 Proceeds benefit Moorhead's dog parks!

Dogs should have a collar, carry ID tags,
 be properly licensed, vaccinated,
 and in good health to swim.

Moorhead Farmers Market



Get Fresh. Go Local.

**Open Tuesdays 3:30-6:30 pm
through September 26**

**Hjemkomst Center Parking Lot,
202 1st Ave N**

Live music 4-6 pm each week!
 Fresh produce, pet supplies, flowers,
 honey, spices, handcrafted items,
 baked goods and more!
 SNAP and S/FMNP benefits accepted.

PUMPKIN PARTY PICK-UP

Tuesday, October 17

Pick up supplies 3:30-5:30 pm

Location: Memorial Park, 111 8th St N, Moorhead

Submit photos of your painted pumpkins to parkandrec@moorheadmn.gov.

Winners announced on Halloween! For more information, visit moorheadparks.com.

MONSTER MASH

- TRUNK OR TREAT -



October 31, 5-7 pm

**Moorhead Center Mall
Parking Ramp**

Enjoy an evening of trick-or-treating through the Moorhead Center Mall parking ramp.

All ghouls, witches and zombies welcome! To get involved and host a vehicle, find the registration form at moorheadparks.com, contact Moorhead Parks at 218.299.5078 or email josie.gereszek@moorheadmn.gov!



Moorhead Parks & Recreation's

Holiday Kickoff

5 pm, November 21

Rourke Art Gallery + Museum

Welcome the festive season as we light the City of Moorhead's holiday tree! Enjoy music from the Moorhead High School Carolers and free refreshments.

Skate with **SANTA!**

December 3, 2:15-4:15 pm
Moorhead Sports Center

Grab your friends and family, lace up your skates and enjoy free open skate with Santa and Mrs. Claus! Limited sizes of skates available to rent.



Dec. 26, 28-29, 1-4 pm
December 27, 4-7 pm

M.B. Johnson Park
3601 Oakport St N
\$5 per person

(children 2 and under free)

Take a scenic sleigh ride through beautiful M.B. Johnson Park! Reservations are available by calling 218.299.5340 after December 1. Tickets may also be purchased on-site if space allows. Free hot chocolate and cookie with all reservations.



AN OFFICIAL
FR  **STIVAL**
EVENT



CHILI+ FUNDRAISER

SATURDAY, JAN. 27, 2024
HJEMKOMST CENTER

Fast and reliable. Most orders ready in 24 hours or less.

We are your local partner for print, signs, design & mail.



PRINT



SIGNS



DESIGN



MAIL

SHORTPRINTER

3005 Main Avenue, Fargo, North Dakota
(701) 364-9663 shortprinter.com f @

SAVE THE DATES FOR FR STIVAL

JANUARY 13-
FEBRUARY 24
2024

NORTH OF NORMAL
FARGO
MOORHEAD | WEST FARGO



Discover
all the ways
to celebrate
how **#coldiscool**
at frostival.com

FUN AT THE FROZEN FORTRESS

JANUARY 27, 11 AM-3 PM | VIKING SHIP PARK



CANDLELIGHT TRAIL WALK

FEBRUARY 6, 6-8 PM | VIKING SHIP PARK



SLEIGH RIDES

FEBRUARY 3 AND 17
M.B. JOHNSON PARK



For Frostival activities across the metro, visit frostival.com.

PANGEA CULTIVATE OUR CULTURES

NOVEMBER 18
2023

LOCATION:
Hjemkomst Center,
202 Ave N
Moorhead MN



FOOD, ACTIVITIES, PERFORMANCES

For more information visit hcsconline.org/pangea



Celtic Festival

Saturday, March 16 | 10 am-3 pm | Doors 9:30 am
\$5 admission, kids 10 and under are free

Enjoy the intriguing history, arts, and traditions of
Brittany, Cornwall, Isle of Man, Galicia, Ireland, Scotland
and Wales at the annual Celtic Festival. Live music,
demonstrations, storytelling, food and more.



**PARKS AND
RECREATION**
moorheadparks.com





EDUCATION

For more information and to register, visit fmct.org/education

FALL SEMESTER: SEPT 9 - NOV 4, 2023

ACTING

Pre-K (ages 3-5)
Kindergarten - 2nd grade
3rd - 5th grade
6th-9th grade
Adult (10th grade+)

MUSICAL THEATRE

Kindergarten - 2nd grade
3rd - 5th grade
6th-9th grade

ADAPTIVE THEATRE

1st - 12th Grade
Ages 18+

WINTER SEMESTER: JAN 6 - MARCH 2, 2024

ACTING

Pre-K (ages 3-5)
Kindergarten - 2nd grade
3rd - 5th grade
6th-9th grade
Adult (10th grade+)

MUSICAL THEATRE

Kindergarten - 2nd grade
3rd - 5th grade
6th-9th grade

AUDITIONING

6th - 12th grade

ONE-ACT

3th - 8th grade

ADAPTIVE THEATRE

1st - 12th Grade
Ages 18+

CLASS DESCRIPTIONS:

ACTING

Actors will explore the core principles of acting, including voice and movement, theatre vocabulary, objectives, and obstacles, as well as the importance of risk-taking and ensemble building.

MUSICAL THEATRE

Students will tackle fun, challenging harmonies and choreography. Through discipline and artistic expression, students will push themselves both physically and vocally, and will develop their performance skills in a multidisciplinary environment.

ONE-ACT

Students will take their acting and storytelling skills to a new level by rehearsing and performing an in-studio performance of a one-act play.

AUDITIONING

Students will study the process of an auditioning actor to build a repertoire for future auditions. Students will have the opportunity to review and practice monologues, song choices, and dance combinations in this course.



ADAPTIVE THEATRE*

Students of all abilities will explore the art of theatre through games, exercises, and rehearsals. This class is appropriate for students on the Autism Spectrum, those with Down Syndrome, severe ADHD, or any other developmental or sensory processing disorders.

**This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.*



Your Library is Here For You! Moorhead Public Library

Your library is here for you! You have free access to a large collection of books, eBooks, audiobooks, including a selection of movies and TV shows available for streaming.

Plus, take advantage of free services including meeting rooms, notary services and fantastic events for all ages. Learn more about your library and start downloading eBooks instantly at larl.org/ebooks.

Need a card? Sign up online at larl.org/applyonline.

MOORHEAD PUBLIC LIBRARY

118 5th Street South
218-233-7594

moorhead@larl.org
www.larl.org



LAKE AGASSIZ
REGIONAL LIBRARY
www.larl.org



At Last: 10th Anniversary of Marriage Equality in Minnesota

1 August, 2023 - 20 August, 2024

Hjemkomst Center, Moorhead MN

GJESDAHL LAW

RED RIFTER
RAINBOW
seniors

LAVENDER



NORTH OF NORMAL
FARGO
MOORHEAD - WEST FARGO



CROSS-COUNTRY SKIING & SNOWSHOE TRAILS

Groomed trails await cross-country skiers in the following Moorhead park locations: Gooseberry, Homestead, Woodlawn, River Oaks Point, M.B. Johnson and Viking Ship Park (illuminated trail).

Dates	Days and Times	Rental Equipment (Hjemkomst Center only)	Rental Fees (cash and check only)
December 9-March 3 (weather permitting)	Saturdays 10 am-4:30 pm	Ski Package	\$15.00
		Family Ski Rental	\$40.00
		Snowshoes	\$10.00
	Sundays Noon-4:30 pm	Family Snowshoe Rental	\$25.00
		Headlamps	\$5.00



OUTDOOR SKATING RINKS

Lace up your skates and join the fun at our outdoor ice skating rinks this winter! Seven of these facilities include a lighted general skating rink, hockey rink, and a heated shelter for changing skates and warming up. **Warming houses will close if the temperature is -10° or below, the wind chill is -30° or below, or the ice is deemed unsafe/unskateable.**

Dates	Days and Times	Warming Houses & Lights	No Warming House
Dec. 18-Feb. 25 (weather permitting) Closed Dec. 24, 25 and Jan. 1	Monday-Friday 4-8 pm Saturday & Sunday 1-8 pm Holiday Hours: Dec. 22-Jan. 2, 1-8 pm Jan. 15 and Feb. 19, 1-8 pm	Hansmann Lamb Morningside Ridgewood Riverview Estates South	Alm - Lighted General Rink Voll - General Rink Trails at Stonemill - Lighted Hockey and General Rink



SLEDDING HILLS

Riverview Estates
Village Green Sixth
Horn Park
Viking Ship Park
(hill is built for Frostival events)

Snowmobiling in city parks is only allowed at the Trailhead parking lot located in the Centennial Athletic Complex. Trailers unload at this location and snowmobilers can follow the trail leading out of town. For more information, visit claytrails.org.

Senior Center

The City of Moorhead sponsors social, educational and recreational programs for citizens 55 and older.

Hjemkomst Center, 202 1st Ave N, Moorhead | Monday-Friday, 8 am-4:30 pm | moorheadseniors.com
Email moorheadseniors@moorheadmn.gov or call 218.299.5514 for the Senior Connections newsletter.

Weekly Activities

ARTIST GROUP: Thursday 1-3 pm

BRIDGE: Monday and Thursday 12:30-4 pm

DOUBLE PINOCHLE: M, W, F 8:30 am-noon

MAHJONG: Tuesday 1-4 pm

WHIST: Monday, Tuesday, Friday 1-4 pm

ZIPPITY ZINGERS: Tuesday 10:30-11:30 am



SENIOR MEALS

Monday-Friday 11:45 am

Call 218.299.5519 between 10 am and 12:30 pm the day prior for reservations.

Enjoy a hot, nutritious, congregate meal! Monthly menu calendars are available online at moorheadseniors.com. Suggested donation is \$4 for anyone age 60 and over, \$8 for those under 60.



Monthly Events

BINGO

First Wednesdays, 1-3 pm: 25¢ for 2 cards and 10¢ each additional card per game. Final game is black out and 25¢ per card. Win prizes!



MEMORY CAFE

Second Wednesday 1-2:30 pm

Memory Cafe is a free social gathering where people experiencing mild to moderate memory loss, and their care partners, come together in a safe, supportive, and welcoming environment.



BREAKFAST CLUB

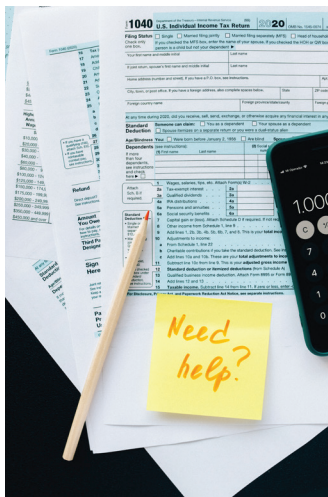
Third Thursday. Breakfast starts at 8:45 am, speaker at 9:30 am. Easten Fryn' Pan, 2920 Hwy 10 E

Each month features a guest speaker with various topics pertaining to the needs and interests of adults age 55 and over. Breakfast will be on your own, ordered off the menu. Space is limited. Register by calling 218.299.5514 or online at moorheadparks.activityreg.com.

QUILTING GROUP (New!)

Second and Fourth Wednesdays, 12:30-4 pm

Socialize with other quilters while working on your own project. Individuals come together to share their knowledge, ideas, and techniques. All skill levels welcome.



FREE INCOME TAX ASSISTANCE

Thursdays 9 am-3 pm, February 1-April 11, Hjemkomst Center

BY APPOINTMENT ONLY - CALL 701.850.0748

AARP and the Internal Revenue Service (IRS) will be sponsoring free income tax services to the elderly, low, and moderate taxpayers of all ages, especially to those 60 and older. Certified IRS volunteers have been trained to prepare and electronically file your income tax returns. Each tax return is quality-reviewed and all information is kept confidential. Individuals should have all required documents before filing at tax sites, including Social Security cards, photo ID's, and a copy of last years' tax returns. **Additional location: Moorhead Public Library. Check moorheadseniors.com for updated information.**

Please do not call the Hjemkomst Center with specific tax inquiries. They are only a host site and cannot answer questions.



VALLEY TRIAD

Meets the last Tuesday of the month 9:30 am, Hjemkomst Center
Valley Triad is seniors, service agencies and law enforcement working together. Valley Triad is a nonprofit that meets monthly to develop projects and educational programs for Cass-Clay county seniors.

Educational seminars 1-3 pm at the Hjemkomst Center:

- August 30: Managing Mobility
- November 29: Winter Safety

Mark your calendar for September 14! You won't want to miss this year's Senior Safety Seminar from 8:30 am-1 pm featuring various guest speakers, vendors, door prizes and more.



TRICKS & TREATS HALLOWEEN PARTY

October 25, 12-1:30 pm

Register online at moorheadparks.activityreg.com or by calling 218.299.5519.

Grab your goblins, ghouls, and Jack-o'-lanterns. It's time for a Halloween costume and dance party! Enjoy live singing and dancing with Steve Kraushaar. \$6/person includes lunch from Concordia Catering.

CONNECTING THE CAREGIVER

November 1, 12:30-4 pm

Registration and more information available online at moorheadparks.activityreg.com or call 218.299.5514.

Join us at this year's Fargo-Moorhead collaborative caregiver conference centered around the theme of "Connecting the Caregiver."



HOLIDAY HOOPLA

December 6, 12-1:30 pm

Register online at moorheadparks.activityreg.com or by calling 218.299.5519.

Time for a festive holiday party with food, live music and more!
Price is \$6/person and includes lunch from Concordia Catering.



VOLUNTEER

Your time and talents as a volunteer ensure the success of our community programs and events and help to keep our city looking beautiful! Visit moorheadparks.com/volunteering for more information!

RIVER BEAUTIFICATION

On-the-Water Cleanup

August 7 • 5:30 pm • Hjemkomst Center Parking Lot

Experienced paddlers only. Requirements: Participants MUST be comfortable in a canoe and willing to get wet and dirty. If interested, sign up by emailing info@riverkeepers.org.

SPECIAL EVENTS

Midco Kids Fest • September 12 • 4:30-7 pm • Bluestem Center for the Arts

Assist with inflatable games and kid-friendly activities.

Frostival • January 27 • 11 am-3 pm • Hjemkomst Center

Assist with chili feed, outdoor games, hot chocolate station and fire pits.

Celtic Festival • March 16 • 10 am-3 pm • Hjemkomst Center

Volunteers serve as room hosts, event greeters and concessions staff.

BEAUTIFICATION

Thank you to all volunteers that helped with the beautification program this spring and summer!

If you would like to volunteer this fall to help keep our city clean and beautiful, call 218.299.5448.

Visit moorheadparks.com to learn more about locations that are available to adopt in the Moorhead area.

We welcome both small and large groups, individuals and families!



Moorhead Parks & Recreation | Registration Form | PLEASE PRINT CLEARLY
1300 15th Avenue North, Moorhead, MN 56560 | 218.299.5340 | Email: parkandrec@moorheadmn.gov

Parent/Guardian's Name (First and Last): _____ Relationship _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Emergency Contact (First and Last and Phone Number) _____ Relationship _____

Are you or a family member interested in coaching/assisting (Applies to Baseball/Football) _____

Payment Method:

Please check one box. We will call for credit card information. Check or Cash ☐ Visa ☐ MasterCard ☐ Discover ☐ Scholarship ☐

Participant's First & Last Name	Program Name/Session/Date	Date of Birth	Sex	School Attending & Grade	T-shirt Size - Youth S, M, L Adult S, M, L, XL	Any Special Needs/ Allergies	Fee

Release of Liability

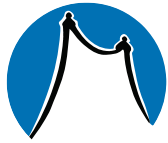
All registrants **MUST** read and sign the waiver below before participating in any Moorhead Parks and Recreation Program. In consideration of your accepting me or my child or ward's entry, I hereby, for myself, my child or ward, my spouse, heirs, and successors or assigns, waive and release any and all rights and claims that I, my spouse, or my child or ward may have against the City of Moorhead, its servants, agents, or employees, for any and all injuries or other damages arising out of or connected with participation in the above activities. This release of liability shall also cover all other Park activities that I, my spouse, or my child or ward may register for. I further agree and consent to emergency treatment of my child or ward by a physician or hospital in the event that I cannot be reached. I also understand that Park and Recreation Department staff or their representatives may photograph participants enrolled in programs, classes or events, or enjoying park facilities. **I understand that the Summer Park Program is NOT a day care structure. Participants may come and go as they please.**

Recreation Staff are not required to notify parents/guardians if participants choose to leave the program site.

13.57 Social Recreation Data Law Authorization

No. 2: I hereby grant authorization for my child's name and our home phone number to be published on a team roster which will be made available to coaches, staff, team members and other individuals deemed necessary. I understand that if I choose not to sign this waiver, my child's name and phone number will not appear on any team roster but will be given to the coach and appropriate Parks and Recreation Staff.

Parent or Legal Guardian Signature: _____ Date: _____



Moorhead Parks & Recreation Scholarship Application

It is our goal to offer financial assistance to any and all Moorhead youth looking to participate in our programs. To apply, please submit the scholarship application, registration form (page 41), and evidence of the household's annual income, e.g. a recent federal tax return, benefits letter or free or reduced lunch letter from your school. Scholarships are available for all programs to youth ages 17 years and younger.

Applicants must be residents of Moorhead.

**All forms must be completed in full.
Any missing or incomplete information will
automatically be denied for a scholarship.**

**If approved, qualifying youth may be
eligible to receive three qualifying
scholarships per year.
(Three total per calendar year with a
maximum of two per season.)**

Household size	Maximum household income
1	\$58,350
2	\$66,650
3	\$75,000
4	\$83,300
5	\$90,000
6	\$96,650
7	\$103,300
8	\$110,000

Name of Scholarship Recipient (Please list all household members when applying for a Family Pool Pass)	Date of Birth	Grade

Number of people in your household: Adults _____ Children _____ Total _____

Eligibility Release Form

I certify that my information is accurate and complete. I authorize grantee to verify information provided, if necessary.

Signature

Relationship

Date

WARNING: False statements or misrepresentations listed on this form may result in the loss of approved scholarships.

All forms can be emailed, dropped off or mailed to:

**Moorhead Parks and Recreation
Scholarship Program
1300 15 Avenue North
Moorhead, MN 56560
parkandrec@moorheadmn.gov**

OFFICE USE ONLY

Date Received: _____ Approved: _____ Office Personnel: _____

FACILITIES

REGIONAL PARKS

		Acreage	Ball Field	Basketball Courts	Electricity	Grill	Hockey Rink	Recreation Center	Picnic Tables	Play Equipment	Pleasure Rinks	Restrooms	Shelter Fee	Sledding Hill	Soccer Nets	Tennis Courts	Wading Pools	Water	Pickleball
1. Horizon Shores Park	3801 24 Ave S	33.91		•		•			•	•						•		•	•
2. M.B. Johnson Park	3601 Oakport St N	109.67			•	•			•	•		•	•					•	
3. Southside Regional Park	2000 40 Ave S	121.37	•		•				•			•			•			•	
4. Robert A. Fogel Riparian Forest	898 50 Ave S	42.64																	

COMMUNITY PARKS

5. Davy-Memorial	111 8 St N	28.86		•	•				•	•		•						•	
6. Gooseberry Mound Park	100 22 Ave S	43.75			•	•			•	•		•	•					•	
7. Viking Ship Park	202 1 Ave N	11.77			•				•					•					
8. Woodlawn Park	400 Woodlawn Park Dr	28.86		•					•	•				•					

PARK FACILITIES

9. Centennial/Athletic Complex + Dog Park	2600 15 Ave N	104.70	•		•	•			•	•		•						•	
10. Historic Log Cabin	109 8 St N				•				•	•		•						•	
11. Hjemkomst Center + Stave Church	202 1 Ave N	5.49			•							•	•					•	
12. Matson Memorial Field	1010 13 Ave N	6.71	•		•				•	•								•	
13. Moorhead Municipal Pool	800 19 St S	2.80			•				•			•	•				•	•	
14. The Meadows Public Golf Course	401 34 St S	178.16			•				•			•						•	
15. Parks + Public Works Administration Offices	1300 15 Ave N				•							•						•	
16. Village Green Public Golf Course	3421 Village Green Blvd	163.65			•				•			•						•	

NON-PARK FACILITIES

Community Life Center (Good Shepherd)	4000 28 St S	N/A		•	•							•						•	
Ellen Hopkins Elementary	2020 11 St S	N/A	•	•	•					•		•						•	
Moorhead High School	2300 4 Ave S	N/A	•	•	•							•				•		•	
Horizon Middle School	3601 12 Ave S	N/A	•	•	•							•						•	
Moorhead Sports Center	2400 4 Ave S	N/A			•		•					•						•	
Probstfield Center for Education	2410 14 St S	N/A	•		•							•						•	
Robert Asp Elementary	910 11 St N	N/A	•	•	•					•		•						•	
S.G. Reinertsen Elementary	1201 40 Ave S	N/A		•	•					•		•						•	

FACILITIES

NEIGHBORHOOD PARKS

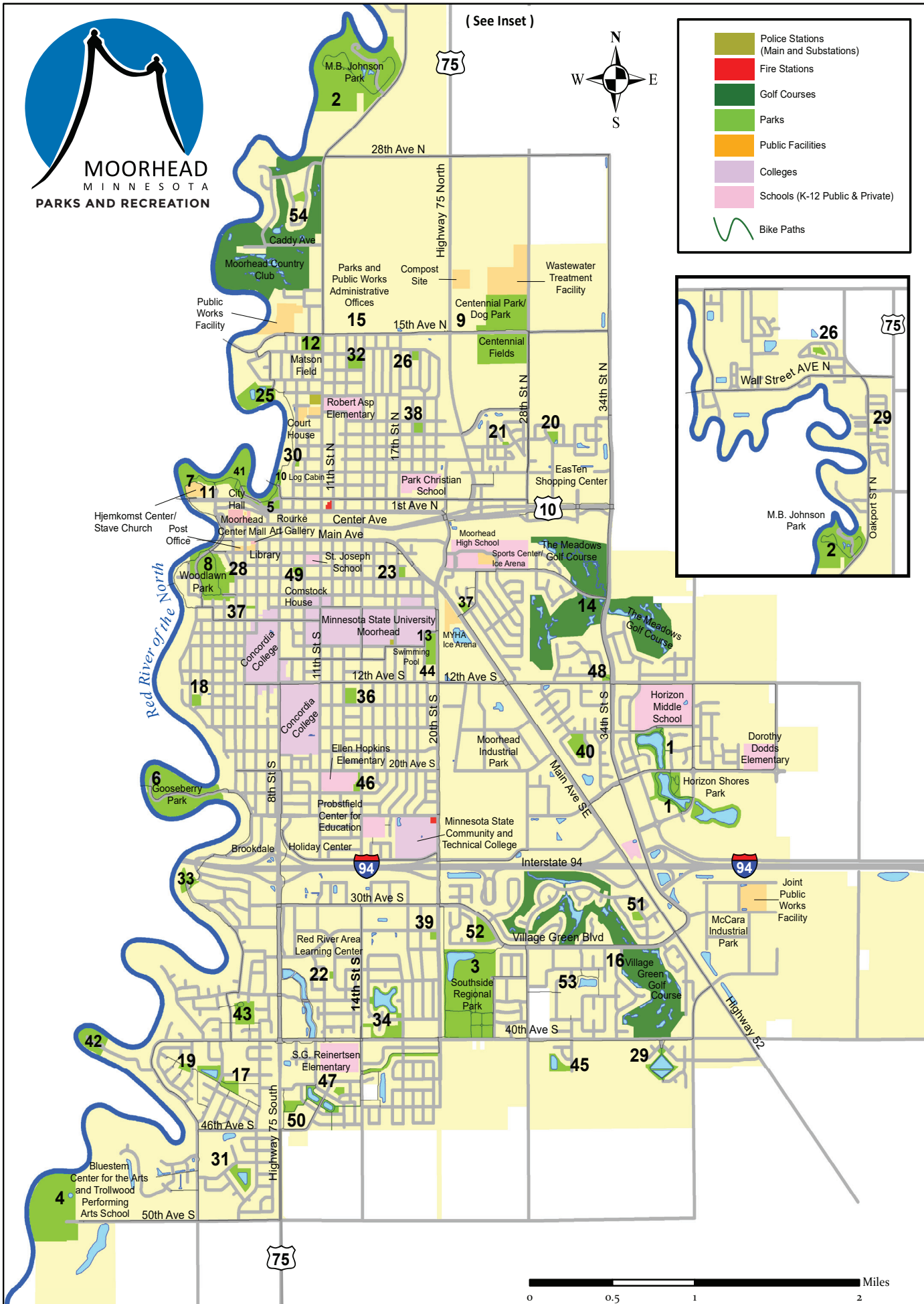
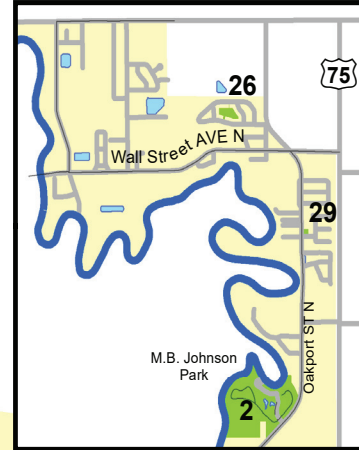
		Acreage	Ball Field	Basketball Courts	Electricity	Grill	Hockey Rinks	Recreation Center	Picnic Tables	Play Equipment	Pleasure Rinks	Restrooms	Sledding Hill	Soccer Nets	Tennis Courts	Wading Pools	Water	Pickleball
17. Allyson Park	4320 3 St S	4.07								•				•				
18. Alm Park	1300 Elm St S	2.35		•	•			•	•	•	•	•		•	•		•	•
19. Angelas Park	4121 2 St S	2.00		•					•	•								
20. Arbor Park	530 30 St N	2.29							•	•								
21. Arrowhead Park	2600 6 Ave N	0.55		•					•	•								
22. Belsly Park	3511 12 St S	0.68				•			•	•							•	
23. Bennett Park	302 17 St S	1.84		•		•			•	•								
24. Brentwood Acres Park	1006 62 Ave N	4.70		•					•	•								
25. Bridgeview + Org. Homestead Park	1002 7 St N	14.24								•								
26. Buland Park	1801 13 Ave N	1.47		•						•				•				
27. Crystal Creek Park	1700 51 Ave N	1.00								•								
28. Daily Park	301 3 Ave S	0.013																
29. Evergreen Meadows	3801 41 Ave S	10.61								•								
30. Five Nine Park	412 9 St N	0.60							•	•								
31. Hampton Park	499 Hampton Dr W	7.4								•				•				
32. Hansmann Park	1320 12 Ave N	4.30	•	•	•		•	•		•	•	•		•	•	•	•	
33. Horn Park	3001 Rivershore Dr S	5.02											•					
34. Johnson Farms	1599 Johnson Dr S	17.10		•						•				•				
35. Knapp Park	525 6 St S	0.55								•								
36. Lamb Park	1320 14 Ave S	4.06	•	•	•		•	•	•	•	•	•					•	
37. Morningside Park	455 Oak Way	1.43		•	•	•	•	•	•	•	•							
38. Northeast Park	1817 8 Ave N	2.06	•	•	•	•		•	•	•		•		•		•	•	
39. Queens Park	3201 20 St S	1.16		•		•			•	•								
40. Ridgewood Park	1818 31st St S	7.13	•	•			•	•	•	•	•	•		•		•	•	
41. Riverfront Park	600 1 Ave N																	
42. River Oaks Park + Dog Park	100 River Oaks Point	11.46																
43. Riverview Estates Park	3801 5 St S	9.54	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
44. Romkey Park	900 19 St S	7.05	•	•	•		•	•		•		•					•	
45. Shepherd Park	4201 31 St S	5.60																
46. South Park	2101 14 St S	1.50		•	•		•	•	•	•	•	•				•	•	
47. Stonemill Park	1209 45 Ave S	1.49		•						•								
48. The Meadows Park	3303 11 Ave S	0.41								•								
49. Townsite Park	311 10 St S	2.61							•	•				•				
50. Trails at Stonemill Park	4449 Blue Stem Way	3.97		•			•		•	•	•							
51. Village Green East	3601 Village Green Dr	1.79								•				•				
52. Village Green Park	2601 Village Green Blvd	6.96	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
53. Village Green Sixth	3050 38 Ave S	17.39		•						•								
54. Voll Park	2514 Fairway Dr	2.08							•	•	•							



(See Inset)



- Police Stations (Main and Substations)
- Fire Stations
- Golf Courses
- Parks
- Public Facilities
- Colleges
- Schools (K-12 Public & Private)
- Bike Paths





Moorhead Parks & Recreation
1300 15 Avenue North
Moorhead, MN 56560



THREE EASY WAYS TO REGISTER

ONLINE: moorheadparks.activityreg.com | PHONE: 218.299.5340 | MAIL

To request this information in a different language, please contact: 218.299.5340

Para solicitar esta información en otro idioma, comuníquese con: 218.299.5340

Ji bo daxwaza vê agahdariyê bi zimanekî din, ji kerema xwe re têkiliyê pêve bikin: 218.299.5340

ب: لاصتالای چری، عفلة تخم عفلة تامول عمال هذھ ب لطل 218.299.5340

Si aad u codsato macluumaadkan oo ku qoran luqad kale, fadlan la xiriir: 218.299.5340