



Senior Center Walking Club

2023

Meeting Area
 Turnaround

Walking Path
(Color for Length)



WALKING CLUB

**WEDNESDAYS | 8:30 AM | MEET AT THE MOORHEAD SENIOR CENTER
FIRST SESSION: JUNE, SECOND SESSION: JULY
REGISTER ONLINE AT MOORHEADPARKS.ACTIVITYREG.COM OR DAY OF.**



Walk for the health of it!

No cost and all abilities welcome! Weather & temperature permitting. *Dress for success!* Items to consider are good walking shoes, temperature-appropriate clothing or layers, and sunscreen.

