

## **MEMORANDUM**

TO: All Moorhead Youth Coaches & Staff

FROM: Jordan Clementson

Recreation Program Supervisor Moorhead Parks and Recreation

**RE:** Concussion Exam

As of January 1, 2012, the state of Minnesota has ruled it mandatory for any coach and/or sports staff member working with youth, age 18 and under, in a contact sport, must complete an online concussion exam.

Exams can be completed at: <a href="https://www.cdc.gov/concussion/HeadsUp/youth.html">www.cdc.gov/concussion/HeadsUp/youth.html</a>

Please send me a copy of your certificate. The certificate is good for three years. We will keep it on file for future use. If you are not sure if your concussion certificate is current please contact me to find out.