

News from the Fringe

On Course Thoughts

What area thinking of when you are on the golf course? Are you taking in the fresh air, the sounds of nature, or time with some friends? What are thinking about when you address the golf ball? Are you thinking about keeping your left arm straight, keeping your eye on the ball, shortening your swing, etc.? While you are standing over the golf ball there should only be one thought in your mind, TARGET! That's right only one thought should be in your mind as your are about to hit the golf ball and that is the target that you are aiming at. Most people only have the ability to process one thought at a time while they are making a swing and isn't the target what we are trying to get to? If

you are thinking about anything else your chances of hitting your target are greatly diminished. Swing thoughts should be left on the practice tee. If you are working on some sort of swing change you may bring one swing key on to the golf course. A swing key is a shortened thought. A swing key for a slow take-away would be "slow back". This key should only be thought of while you are taking your practice swing. Once you address the ball "TARGET" is the only thought that your mind should be processing. If you have any thoughts beyond that in your mind you can not and will not commit fully to the shot. Step back and re-address the ball thinking of only TARGET!



The best way to create distance is to hold lag in your wrists on the forward swing.

Course Conditions

This is the time of year where we perform maintenance on the golf course. The greens will be verti-cut to remove excess thatch, the tee boxes are being aerified in preparation for seeding, and the bent-grass landing areas

are going to be overseeded with blue grass. All of these things are done to create better playing conditions for you! They may be a nuisance initially but if you can look past the short term you will see that it

is needed and in the end will make the course a better course throughout the summer. If you have any questions ask the golf shop or call the maintenance staff at 299-5243.

**The Meadows
Golf Course
Corey
Herlickson, PGA**

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Special points of interest:

- *Men's Nights Tuesday at 6 pm*
- *Men's League Wednesday at 6 pm*
- *Ladies Night Thursday at 6 pm*
- *Couples Night Friday at 6 pm*
- *Family Night Friday at 6:45 pm*

Upcoming Tournaments

<i>Dragon Open</i>	<i>6-2</i>
<i>Anycollege.com</i>	<i>6-6</i>
<i>Parent-Junior</i>	<i>6-15</i>
<i>RRV Seniors</i>	<i>6-16</i>
<i>Big Brother/Big Sister</i>	<i>6-17</i>
<i>PGA Playing Ability Test</i>	<i>6-30</i>